what's on in the UAE

Abu Dhabi

World of Illusions

A journey of optical illusions and tricks, to be captured and shared. Key features include a height distorting arena room, unfamiliar room, head on a clutter and inverted chair illusions, slanted floor and wall displays set to surround. At Nation Towers. Free admission, 10am to midnight, until December 8.

Health Check-up Package

National Hospital Abu Dhabi and New National Medical Centre Mussafah celebrate the 47th UAE National Day by offering a health check-up package for Dh47, that includes complete blood count, vitamin D, blood sugar, ESR and specialist consultation. In addition, free dental consultation and 47 per cent discount on scaling and polishing. Until December 18.
+ nationalhospitals.ae

Dubai

Burger Madness

Burger & Lobster in DIFC are out to prove a point to the ultimate test, with an unlimited serving of burgers. Pick your battle-face and dig into an insane Mumbai burger, for Dh59, from 11-10am.
+ burgerandlobster.com

Kids' Cooking Class

Looking for something to do with your kids, let them loose in Raw Kitchen at Meta Desert Palm, with Chef Joanna Portela and her team, teaching them how to make empanadas, pizza and desserts. Once they're done and full, it is over their dishes. Reviews available at 30 per cent discount. From 12.30-2.30pm. Children Dh80, while adults Dh150 inclusive of all taxes.
Call 04-6029200

Abu Dhabi

Shaikh Zayed Heritage Festival

The Festival celebrates the Spirit of the Union and features cultural activities, a dedicated area showcasing replicas of historic monuments. At Al Watbia, Abu Dhabi, 4-10pm, until January 26, 2019. Free entry.
+ zayedfestival.com

Dubai

International Day of Disabled screening

Screening of a documentary *Pick of the Litter* which follows a litter of puppies from the moment their mom and team their quest to become guide dogs for the blind. Cameras follow these puppies through an intense two-year odyssey as they train to become dogs in how ultimate responsibility is to protect their blind partners from harm. The screening will be followed by a Q&A with the directors Dana Nachman and Don Hardy moderated by UAE athlete Chaz Ali Qasem. At Cinema Akil, Al Serkal Avenue, Dubai, 7.30pm. Free screening, first-come-first-seated. In Abu Dhabi the screening will take place on December 5, at Nun and Al Saadiyat, 8pm.
+ cinemaakil.com

Dubai

Rocello Douglas Jr in Dubai

The Hollywood actor is back for his second residency at Qu Bar & Lounge, Palazzo Versace Dubai. Rocello plays an array of Otis Redding, John Legend and a list of Pharrell Williams with hits of Wiz Khalifa and Kendrick Lamar. Joining the new band is author Robbie who toured with the Backstreet Boys and Fred Durst, and drummer Tony Clinton, who performed with Santana and Marc Quinones. Call 04-4400000.
+ palazzoversacedubai.ae

Sushi Offer

Sumo Sushi & Bento celebrates the UAE National Day with an offer on all their roll and bento selections from the menu. Today until December 3, guests can dine-in at Sumo outlets (except Dubai Silicon Oasis), and the item with lesser value will be offered for free. Call 800-7866.
+ sumosushibento.com

Register for Toon Yoga Programme

Gulshan Yoga Centre-Portmadina is inviting members to a 10-day mass programme from December 10-19, aimed at aiding the adolescent mind, body and spirit via a dedicated yoga. Puzzle will be issued short and easy to remember yoga practices for good physical health and enhance their ability to focus and concentrate. Use all as includes a better understanding of their strengths.
Call 04-3310013

Yoga and Pilates Sessions

Get club active minutes with mass and classes sessions to keep active and set the mood for the rest of the day. At The Backyard, City Centre Mirdif, Dubai from 9-10am, except Tuesday, until December 15.
+ citycentremirdif.com

Register for a Family Festive Hike

The turtle Hikers are up to explore the wadis of the UAE on a safe, guided trek, learn about camels and their role in the wilderness, and do so with the same hats, hosted by Gulf For Good at Wadi Shawka, Ras Al Khaimah on December 2 & 3, 9am-1.30pm. Email hello@gulfforgood.com for details.
+ ra.khaimah.com

Emirates Photos

Five female Emirati artists are showcasing their works, in tribute to the late Shaikh Zayed and his vision. The photo-quality exhibition is display at The Cube in Central Park Towers DIFC. The public is invited to view the exhibition from 10am to 10pm, until December 8.
+ centralparkdifc.com

Pride of the Nation Celebrations

Dubai Mall is hosting dance performances, traditional tea and dates stalls, band shows, outside and inside. There's even a arts and crafts area for mums and kids. The three-to-enter hub will also have a UAE-themed circus and entertaining unicyclists, drummers, jugglers and stilt walkers, from 6-8pm.
+ dubaimall.com

—Compiled by Wilbur Pereira

Want your event listed here? Email tabloid@thenews.com with the subject 'www listing'. For more events go to suffusion.com

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